

2021 — 2022

WOMEN EMPOWERMENT
CELL

ACTIVITIES

W0 1 2 3 4 5 #

NUTRITION AWARENESS

PROGRAMME

P.S.C & K.V.S.C GOVERNMENT COLLEGE NANDYAL

Women Empowerment Cell Activity

Activity Report Template

Activity Name: 1-6 August Nutrition week

Objective: TO improve the healthy life-style.

Date & Time: 01-08-2024 - 06-08-2024

Resource person: Medical staff.

Name of the Lecturer(s) involved: Dr. S. Gopal, B. Sugatha,

No. of Students participated: 105

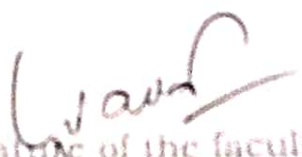
Brief description:

Nutritional awareness was defined as self-perception of the importance assigned to eating balanced meals, To improve the healthy life style, maintenance Growth and etc

Photograph:



Paper Clips:


Signature of the faculty

SELF - DEFENCE

CERTIFICATE COURSE

Women Empowerment cell Activity

Activity Report Template

Activity Name: Self-Defence Certificate Course (Karate)
Objective: Especially through the use of physical force.
Date & Time: NOV - 20 - 2021 (20/11/2021) 9-10 am.
Resource person:
Name of the Lecturer(s) involved:
No. of Students participated:
Brief description:

The defence of one's person or interests, especially through the use of physical force, which is permitted in certain cases as an answer to a charge of violence and also protect your self against attacking.

Photograph:



Paper Clips:

Lyana
Signature of the faculty

P.S.C & K.V.S.C GOVERNMENT COLLEGE NANDYAL
Women Empowerment Cell Activity

Activity Report Template

Activity Name: Kasatte Programme (Self-Defense Certificate course)

Objective: (upward) Hands up punches

Date & Time: 27/11/2021 (9-10 a.m)

Resource person: G. Sishamani

Name of the Lecturer(s) involved: G. Sishamani (Wec - Co-ordinator)

No. of Students participated: 20 - 25

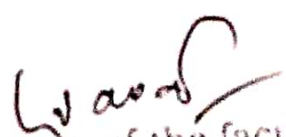
Brief description:

Self defense is the use of force to protect yourself against someone who is attacking you. Self defense is the action of protecting your self against something bad.

Photograph:



Paper Clips:


Signature of the faculty

P.S.C & K.V.S.C GOVERNMENT COLLEGE NANDYA

Women Empowerment cell Activity

Activity Report Template

Activity Name: Self - defence certificate course.

Objective: Kasatte' certificates group photo

Date & Time: 26-08-2022

Resource person: Principal, All women staff.

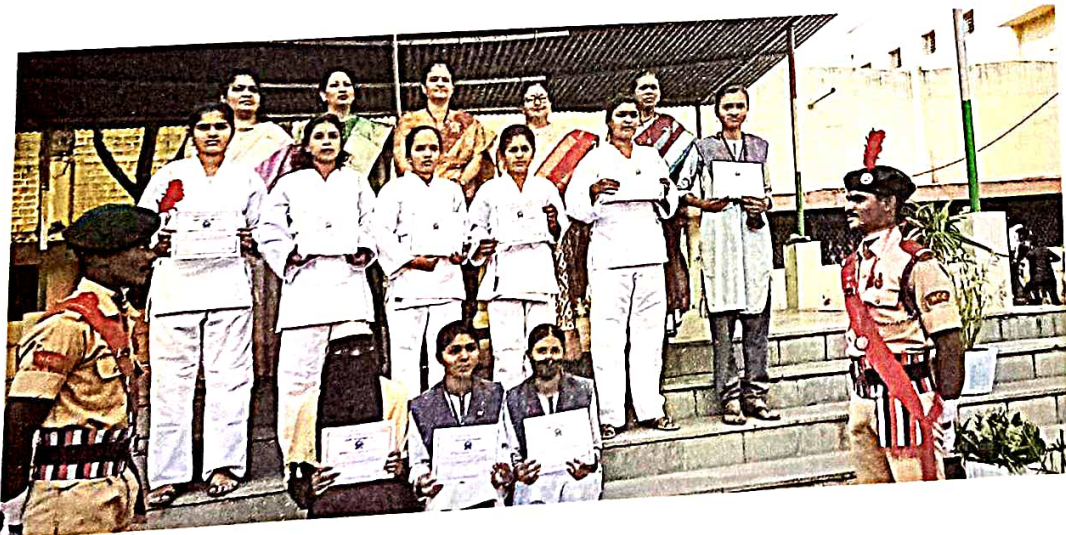
Name of the Lecturer(s) involved: Principal, All women staff, WEC -coordinator

No. of Students participated: 25

Brief description:

Physical Self defence is the use of physical force to counter an immediate threat of violence. It is use of reasonable force to protect oneself.

Photograph:



Paper Clips:

Ward
Signature of the faculty

P.S.C. & K.V.S.C. GOVERNMENT DEGREE & P.G. COLLEGE
NANDYAL-518 502. KURNOOL. A.P.

WOMEN EMPOWERMENT CELL



CERTIFICATE COURSE ON SELF DEFENSE

Certified that Kumari / Sri.....
of..... Participated in SELF DEFENSE (KARATE)
at P.S.C. & K.V.S.C. Govt. Degree College, Nandyal by WOMEN EMPOWERMENT CELL
From..... to


W.E.C. COVENER


PRINCIPAL

2021 - 22

HEALTH - CAMP

AND

HEALTH - AWARENESS

PROGRAMME

[3 - 12 - 2021]

Health Camp & Health Awareness

programme conducted by WEC Cell

Convenor

(3-12-2021)

ఈనాడు కర్నూలు

ఆదివారం డిసెంబరు 5, 2021

5

సంద్యాల

• సంద్యాల • ఆళ్లగడ్డ • బనగానపల్లి

లైంగిక వ్యాధులపై అవగాహన, కో
వెలకుంట్ల, న్యూస్ టుడే: లైంగిక వ్యాధు
లపై విద్యార్థులు అవగాహన కలిగి ఉండా
లని చైస్ ప్రిన్సిపల్ బాబునాథ్
అన్నారు. వానపీ బొమ్మిడాల
ప్రభుత్వ డిగ్రీ కళాశాలలో రెడ్
రిబ్బన్ క్లబ్ ఆధ్వర్యంలో
'లైంగిక వ్యాధుల వ్యాప్తి-నివారణ
చర్యలు' అంశంపై అవగా
హన సదస్సు శనివారం నిర్వహిం
చారు. న్యాక్ సమన్వయకర్త డాక్టర్ హను
మంతు, రామసుబ్బారెడ్డి వ్యాధులపై వివ
రించారు. ఈ కార్యక్రమంలో చంద్రమౌళి,
వెంకటేశ్వరరెడ్డి, రాజు, మునిస్వామి,
అన్నపూర్ణ, శివనాగిరెడ్డి పాల్గొన్నారు.

నాసా కిట్ల పంపిణీ, సంద్యాల
పట్టణం, న్యూస్ టుడే: చైతన్య విద్య
సంస్థ ఏజీం సురేష్, ప్రభుత్వ డిగ్రీ కళా
శాల అధ్యాపకుడు నాగ విజయ్ నాసా
ప్రాజెక్టుకు ఎంపికైన విద్యార్థులకు శని



విద్యార్థినులకు రక్త పరీక్షలు, సం
ద్యాల పట్టణం, న్యూస్ టుడే: సంద్యాల
ప్రభుత్వ డిగ్రీ కళాశాల విద్యార్థినులకు
శనివారం రక్త పరీక్షలు నిర్వహించారు.
కళాశాలలో నిర్వహించిన వైద్య
శిబిరంలో వైద్యురాలు డా. ఆశాలత
విద్యార్థినులకు హిమోగ్లోబిన్
పరీక్ష నిర్వహించారు. ప్రిన్సిపల్
డా. శశికళ ఆధ్వర్యంలో మహిళా
సాధికారిత్వ విభాగం ఈ కార్య
క్రమం నిర్వహించింది. శిరోమణి,
శైలజారాణి, పద్మావతి, పార్వతి, లలిత
తదితరులు పాల్గొన్నారు.

డాక్టరేట్ ప్రదానం, కొలిమిగుండ్ల,
న్యూస్ టుడే: అల్పాటెక్ సిమెంట్ కర్మా
గారం సీనియర్ చైస్ ప్రెసిడెంట్ ఎంఎస్
ఆర్ కే ప్రసాద్ కు ఎస్సె యూనివర్సిటీ
డాక్టరేట్ ప్రదానం చేసింది. 'ఎ స్టడీ ఆన్
ఎంప్లాయ్ ఎంగేజ్మెంట్ ఇన్ అల్పాటెక్
సిమెంట్ లిమిటెడ్' అంశంపై ఆయన
చేసిన పరిశోధనలకు డాక్టరేట్ దక్కింది.

2021 — 2022

WOMEN EMPOWERMENT - CELL

ACTIVITY

3-12-2021

HEALTH - CAMP AND

HEALTH - AWARENESS PROGRAMME

With the Help of Rashtreeya Hospital

Technical Staff and

Dr. Asha Latha

Circular

Date

2-12-2021

This is to inform All B.A/ Bcom/ Bsc girls students and staff of the college that Women (WEC) Empowerment cell is going to conduct 'medical camp and orientations on "Health and Hygiene" on 3.12.2021 at 11.30 AM. So all are invited, girl students attend the programme and make use the suggestions of a doctor.

(Signature)

(G. SIRONANI)

WEC Coordinator.

Classes

I Arts

II

IV

Sciences

I ^{MPS} Sem-1 AB

II

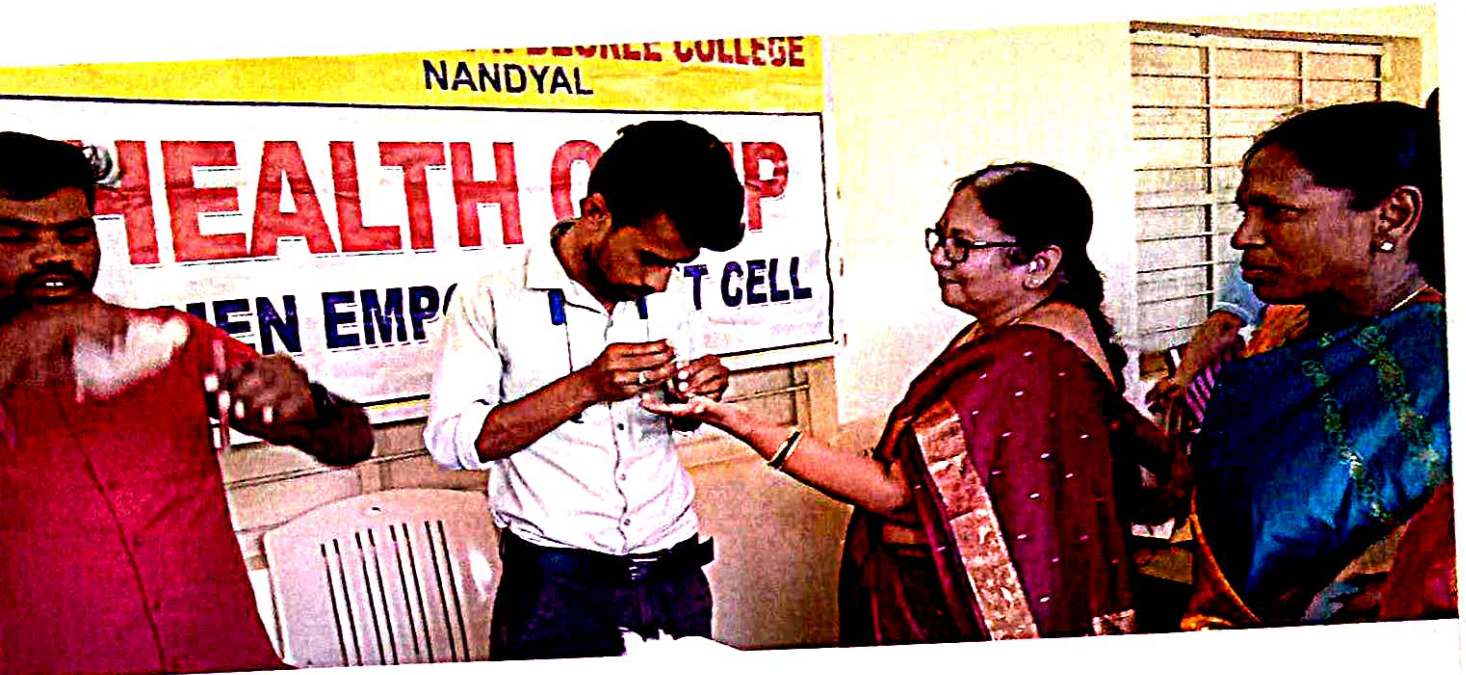
IV

Commerce

T

Heamoglobin Estimation to N. Shadikala, Principal

3/12/21



Estimation of Heamoglobin for Girls Students



Estimation of Height, weight and

BMI for Girls Students - By

Rajha Hospital Staff 3/12/21



152

Estimated data Collection (3-12-21)

S.NO	Name	Age	height	wt	BMI
1	G. Naga lakshmi	18	148	63.65	29.1 (ow)
2	G. Swarna kumari	18	151	51.15	22.4 (N)
3	M. Indu bai	20	143.5	39.15	19 (N)
4	D. Sheeta bee	18	152	49	21.2 (N)
5	S. Shamreen	21	144	41	19.8 (N)
6	D. Sumanjali	18	160	52.5	20.5 (N)
7	A. Manjula	20	155	43.95	18.3 (uw)
8	D. Jyothi	18	157	45.9	18.6 (N)
9	L. Sujatha	21	146	39	18.3 (uw)
10	T. Vasantha	20	145	41.15	19.6 (N)
11	K. Lavanya	20	147	36	16.7 (uw)
12	B. Manjula	19	164	39.35	14.6 (uw)
13	G. Yashoda Rani	19	157	45.85	18.6 (N)
14	M. Rajeswari	19	152	48.55	21 (N)
15	P. Sravani	19	150	54.95	24.4 (N)
16	Divya Keerthi	20	141	42.90	21.6 (N)
17	M. Sudhithra	18	158	48.25	19.3 (N)
18	B. Sudha Nanda	19	157	43.40	17.6 (N)
19	A. Nagamani	22	150	56.55	25.1 (ow)
20	Dasai Rama	20	153	36.45	15.6 (uw)
21	Chandrika	21	156	46.70	19.2 (N)
22	S. Shabana	19	150	81.45	36.2 (ow)
23	M. Kalyani	23	157	40.55	16.5 (uw)
24	P. Supriya	20	158	42.35	17 (uw)
25	T. Rama Devi	19	142	48.30	24 (N)
26	A. Supriya	19			
27	P.G. Ramannamma	19	156.5	43.95	17.9 (uw)
28	B. Sravanthi	19	155.5	45	18.6 (N)
29	M. Sireesha	20	160	61.75	24.1 (N)
30	T. Sai Teja	21	149	43.35	19.6 (N)
31	K. Shasada	20	154.5	37	15.5 (uw)
32	M. Sravani	19	153	42	17.9 (uw)

	Name					
33	K. Sivaroopa	19	152	40.65	17.6	(UW)
34	J. Jessy	19	151	44	19.3	(N)
35	S. Karishma	19	155	51.55	21.5	(N)
36	G. Vanitha	19	148	40	18.3	(UW)
37	J. Sravani	19	160	45.90	17.9	(UW)
38	Y. Ishwarya	19				
39	B. Soundarya	19				
40	S.K. Saniya	19				
41	L. Kantha	19				
42	C. Anjali	21				
43	T. Asuna	18				
44	T. Salamma	18	156	35	14.4	(UW)
45	V. Padma	19	152	39.30	17	(UW)
46	J. Kalpana	18	15			
47	R. Adilakshmi	19				
48	B. Iyothi	19				
49	J. Anusha	18				
50	G. Swapna	18	155	46.30	19.3	(N)
51	G. Gowri	18				
52	P. Shanthi	18	166	66.90	24.3	(N)
53	G. Lavanya	18	156	44.90	18.5	(N)
54	M. Gowthami	18	160	56.80	22.2	(N)
55	N. Sandhya	18				
56	J. Chaitanya	18	153	40	17.1	(UW)
57	C. Sravani	18	150	35.85	15.8	(UW)
58	B. Parvitha	18	147	40.35	18.7	(N)
59	P. Malleswari	20	157	46	18.7	(N)
60	J. Mounika	19	158	48.32	18.2	(UW)
61	S. Laxmi	19	152	40.15	17.4	(UW)
62	M. Poojitha		149	43.40	19.5	(N)
63	M. Tamalbee		151	57.75	25.3	(UW)
64			156	55.90	23.6	(N)

S.NO	Name	Age	height	wt	B.M.I.
65	J. Malluwei		153	48.65	20.8 (N)
66	Shagidha		156	46.25	19 (N)
67	Laxmi Pramma		148	44.10	20.1 (N)
68	Y. Kumari		157	36.70	14.9 (UW)
69	K. Anudha		154	41.45	17.5 (UW)
70	U. Sirisha		146	43.10	20.2 (N)
71	Y. Sravanthi		142	42.75	21.2 (N)
72	Shabhana		157	55.10	22.4 (N)
73	M. Laxmi		158	44.10	17.7 (UW)
74	K. Shobha		154	45.40	19.1 (N)
75	M. Sunitha		142	32.80	16.3 (UW)
76	M. Uma		136	38.55	20.8 (N)
77	D. Kavari		152	46.60	20.2 (N)
78	S. Maunni		159	50.45	20 (N)
79	R. Nirmala		145	46.95	22.3 (N)
80	B. Keesthi		147	42.	19.4 (N)
81	Bhargavi		150	34.	15.1 (UW)
82	Pranitha		143	45.50	22.3 (N)
83	Sudha		148	34.90	15.9 (UW)
84	Annamma	20	146	36.20	17 (UW)

ESTIMATED DATA

COLLECTIONS

ESTIMATION OF H.B LEVELS
IN PERCENTAGE (%) VALUES

2021 — 2022

3-12-2021

①

S.NO	Name of the Student	Age	Class/ Group	Hb Levels in %
1	G. Nagalakshmi	18 year.	I B2C II Sem.	7.08 mgms%
2.	G. Swarna Kumari	18 years	I B2C II Sem.	8.48 mgms%
3.	M. Indu Bai	19. years	I B2C II Sem.	7.8 mgms%.
4.	D. Sheeja Bee	18 years	I B2C II Sem.	8.28 mgms %.
5.	S. Shamem	21 years	I B2C, II Sem.	8.6 mgms %.
6.	D. Sumanjali	18 years	I B2C II Sem.	7.4 gms%.
7.	S. parvathi (Lectura) L	42 years	Lecturer in English	8.4 gms%
8.	Dr. N. Sashikala (Principal)	55 years.	Principal	9.28 gms%
9.	Vijaya Lakshmi (Lectr)	51 years	Lect in Coma	8.0 gms%
10.	A. Manjula	20 years	I B2C II Sem	8.2 gms%
11.	S. Lalitha (Lecturer)	38 years	Lect in Maths	9.2 gms%.
12.	T. Jyothi	18 years	I B2C II Sem	8.8 gms%.
13.	L. Sujatha	18 years	I B2C II Sem.	8.6 gms%.
14.	I. Vasantha	19 years	I B2C - II B2C	9.0 gms%.
15.	K. Lavanya	20 years	I B2C - II B2C	9.6 gms%
16.	B. Manjula	19 years	I B2C - II B2C	6.0 gms%.
17.	A. Nagamani	22 years	I B2C - II B2C	7.6 gms%
18.	G. Yashoda Rani	19 years	I B2C - II B2C	8.4 gms%.

S.No	Name of the Student	Age	Class/Group	Hb Levels in %
19	M. Rajeswari	19 years	I B2C II Sem	8.8 gms %
20.	P. Sravani	19 years	I B2C, II Sem	9.2 gms %
21	M. Divya Keerthi	20 years	I B2C, II Sem	8.6 gms %
22.	M. Suchithra	18 years	I B2C, II Sem	7.8 gms %
23.	B. Sudhandanti	19 years	I B2C, II Sem	8.8 gms %
24	M. Kalpani	23 years		8.8 gms %
25.	Dastagisamma	20 years		9.0 gms %
26.	P. Supriya	20 years		8.8 gms %
27	T. Rama devi	19 years		9.8 gms %
28	D. Sangeetha	19 years	I B2C, II Sem	9.3 gms %
29.	P.G. Ratnamma	19 years	I B2C, II Sem	8.4 gms %
30.	B. Saawanthi	19 years	I B2C, II Sem	9.0 gms %
31	M. Sireesha	20 years	I B2C, II Sem	8.8 gms %
32.	J. Salamma	18 years	I B2C, II Sem	8.9 gms %
33.	N. Sravani	19 years	I B2C, II Sem	9.2 gms %
34.	P. Malliswari	20 years	I B2C, II Sem	8.8 gms %
35	Ribka	18 years	I B2C, II Sem	7.8 gms %
36	Jessi	19 years	I B2C, II Sem	9.0 gms %

S.No	Name of the Student	Age	Class/Group	Hb Levels in %
37.	M. Jamalbi	19 Years	III B.2.C	7.4 gms/l
38.	S. Vanitha	19 Years		9.0 gms/l
39	J. Mounika	19 Years	II B.2.C	8.0 gms/l
40	S. Karishma	18 Years		8.4 gms/l
41.	T. Malliswari	20 Years	III B.2.C	8.0 gms/l
42.	T. Saiteja	21 Years		10.0 gms/l
43.	M. Gowthami	19 Years		8.9 gms/l
44.	G. Swapna	18 Years		9.2 gms/l
45	Shajida begum.	19 Years		9.2 gms/l
46	S. Mavummi	18 Years	III B.2.C	8.6 gms/l
47	Sumitha	18 Years		7.8 gms/l
48.	P. Santhi	18 Years	III B.2.C	10.0 gms/l
49.	D. Kavali	20 Years		8.0 gms/l
50	V. Sindhu	18 Years		9.0 gms/l
51	Shabana	18 Years		8.8 gms/l
52.	K. Anusha	18 Years		9.0 gms/l
53	Bhargavi	18 Years		8.0 gms/l
54	Y. Sravanthi	18 Years		10.0 gms/l
55	G. Lavanya	18 Years		9.0 gms/l

S.No	Name of the Student	Age	Class & Group	Hb Level in %
56.	Annamma	18 years	I B.A II Sem	8.0 gms %
57	B. Pavithra	18 years		7.4 gms %
58.	M. parvitha	17 years		8.0 gms %
59.	M. Uma Maheswari	18 years		7.4 gms %
60	M. Lakshmi pradamma	19 years	III. BSC [HPS] 0 - ve	7.2 gms %
61.	R. Nirmala	19 years		9.0 gms %
62.	B. Keerthi	20 years		10.0 gms %
63.	B. Pranitha	19 years		9.1 gms %
64.	S. Lakshmi	19 years	0 + ve III. BSC [HPS]	9.4 gms %

RAPHA HOSPITAL

Opp. ILTD (Tobacco Company),
Bommalasatram Road, **NANDYAL.**

Name : J. Monica Age: 19 Sex: F
Date: 03/12/2021

Ref. Dr. A. Shalatha M.B.B.S. DNB

I. HAEMATOLOGY

Normal Range

1. HB 8.0 gm%
Male 13-18 gms%
Female 11.5-16.0 gms%
2. T.C. 1 /cumm 4000 - 10,000/cumm
3. Differential Count :
P L E M B %
4. E.S.R. 1 mm/ 1st hour
5. Total R.B.C. Count 1 /cumm
6. Absolute Eosinophil Count 1 /cumm
7. Platelet Count 1 /cumm
8. Blood Group 1
9. Rh Type 1
10. *Malarial Parsite 1
11. B.T. 1 Min. Sec (1-3 mts.)
12. C.T. 1 Min. Sec (3-7 mts.)
13. Cross Matching 1

II. SEROLOGY

WIDAL

O : 1

H : 1

AH : 1

BH : 1

C.R.P. 1

R.A. Factor 1

A.S.O. Titer 1

V.D.R.L. 1

HIV : 1

HBs Ag : 1

HCV : 1

Mantoux : 1

IV. BIO CHEMISTRY

Fasting Blood Sugar 1

P.P. Blood Sugar 1

(Normal Range)

Mgs% (70-110)

Mgs% (70-150)

- Random Blood Sugar 1 mgs% (70-150)
Blood Urea 1 mgs% (20-40)
Serum Creatinine 1 mgs% (M:0.6-1.4) (F:0.6-1.2)
Serum Bilurubin Total 1 mgs% (0.2-1.0)
" Direct 1 mgs% (0-0.2)
" Indirect 1
Total Protiens 1 (5.0-8.0) gm/dl
Albumin 1 gm/dl (3.5-5)gm/dl
Serum Calcium 1 mgs%dl (8.8-10.2)
Uric Acid 1 Male : (3.5-7.2) mg%
Female: (2.5-6.2)mg%

V. SERUM ELECTROLYTES

- Sodium 1 (135-155) m.mol/L
Potassium 1 (3.5-5.5) m.mol/L
Chloride 1 (97-108) m.mol/L

VI. LIPID PROFILE

- T. Cholesterol 1 (150-250 mg/dl)
HDL 1 (30-70 mg/dl)
LDL 1 (66-178 mg/dl)
VLDL 1 (5-40 mg/dl)
Trnglycerides 1 (M:60-165, F:40-140)

VII. URINE ANALYSIS

- Volume 1 Colour: 1
Clarity 1 Reaction: 1
Albumin 1 Sugar: 1
B.S. 1 B.P. 1
Ketone bodies 1

MICROSCOPIC DEPOSTIS

- Puls Cells 1 /H.P.F
R.B. Cells 1 /H.P.F
Epithelial Cells 1 /H.P.F
Casts 1 /H.P.F
Crystals 1
Others 1

PREGNANCY TEST:

VIII. STOOL EXAMINATION

OVA 1

Cyst 1

LAB TECHNICIAN

RAPHA HOSPITAL

Opp. ILTD (Tobaco Company),
Bommalasatram Road, **NANDYAL.**

Name : P. Malliswari Age: 80 Sex: F

Ref. Dr. Ashokatha MBBS, DNB Date: 03/12/21

I. HAEMATOLOGY

Normal Range

1. HB 8.8 gm% Male 13-18 gms%
Female 11.5-16.0 gms%
2. T.C. /cumm 4000 - 10,000/cumm
3. **Differential Count :**
- P L E M B %
4. E.S.R. mm/ 1st hour
5. Total R.B.C. Count /cumm
6. Absolute Eosinophil Count /cumm
7. Platelet Count /cumm
8. Blood Group
9. Rh Type :
10. *Malarial Parsite :
11. B.T. Min. Sec (1-3 mts.)
12. C.T. Min. Sec (3-7 mts.)
13. Cross Matching :

II. SEROLOGY

WIDAL

O :

H :

AH :

BH :

C.R.P.

R.A. Factor

A.S.O. Titer

V.D.R.L.

HIV :

HBs Ag :

HCV :

Mantoux :

IV. BIO CHEMISTRY

(Normal Range)

Fasting Blood Sugar Mgs% (70-110)

P.P. Blood Sugar

Random Blood Sugar mgs% (70-150)

Blood Urea mgs% (20-40)

Serum Creatinine mgs% (M:0.6-1.4) (F:0.6-1.2)

Serum Bilirubin Total mgs% (0.2-1.0)

" Direct mgs% (0-0.2)

" Indirect

Total Protiens (5.0-8.0) gm/dl

Albumin gm/dl (3.5-5)gm/dl

Serum Calcium mgs%dl (8.8-10.2)

Uric Acid Male : (3.5-7.2) mg%
Female: (2.5-6.2)mg%

V. SERUM ELECTROLYTES

Sodium (135-155) m.mol/L

Potassium (3.5-5.5) m.mol/L

Chloride (97-108) m.mol/L

VI. LIPID PROFILE

T. Cholesterol (150-250 mg/dl)

HDL (30-70 mg/dl)

LDL (66-178 mg/dl)

VLDL (5-40 mg/dl)

Triglycerides (M:60-165, F:40-140)

VII. URINE ANALYSIS

Volume: Colour:

Clarity : Reaction:

Albumin Sugar:

B.S. B.P.

Ketone bodies

MICROSCOPIC DEPOSTIS

Puls Cells: /H.P.F

R.B. Cells: /H.P.F

Epithelial Cells : /H.P.F

Casts : /H.P.F

Crystals :

Others :

PREGNANCY TEST:

VIII. STOOL EXAMINATION

OVA :

Cyst :

RAPHA HOSPITAL

Opp. ILTD (Tobaco Company),
Bommalasatram Road, **NANDYAL.**

Name : PG. Yamamma Age: 19 Sex: F

Ref. Dr. Ashalatha MBBS, ONB

Date: 03/12/21

I. HAEMATOLOGY

Normal Range

1. HB 8.4 gm% Male 13-18 gms%
Female 11.5-16.0 gms%
2. T.C. /cumm 4000 - 10,000/cumm
3. **Differential Count :**
P L E M B %
4. E.S.R. mm/ 1st hour
5. Total R.B.C. Count /cumm
6. Absolute Eosinophil Count /cumm
7. Platelet Count /cumm
8. Blood Group
9. Rh Type :
10. *Malarial Parsite :
11. B.T : Min. Sec (1-3 mts.)
12. C.T : Min. Sec (3-7 mts.)
13. Cross Matching :

II. SEROLOGY

WIDAL

O :
H :
AH :
BH :
C.R.P.
R.A. Factor
A.S.O. Titer
V.D.R.L.
HIV :
HBs Ag :
HCV :
Mantoux :

V. BIO CHEMISTRY

(Normal Range)

asting Blood Sugar Mgs% (70-110)
lood Sugar Mgs% (70-150)

Randum Blood Sugar mgs% (70-150)
Blood Urea mgs% (20-40)
Serum Creatinine mgs% (M:0.6-1.4) (F:0.6-1.2)
Serum Bilurubin Total mgs% (0.2-1.0)
" Direct mgs% (0-0.2)
" Indirect
Total Protiens (5.0-8.0) gm/dl
Albumin gm/dl (3.5-5)gm/dl
Serum Calcium mgs%dl (8.8-10.2)
Uric Acid Male : (3.5-7.2) mg%
Female: (2.5-6.2)mg%

V. SERUM ELECTROLYTES

Sodium (135-155) m.mol/L
Potassium (3.5-5.5) m.mol/L
Chloride (97-108) m.mol/L

VI. LIPID PROFILE

T. Cholesterol (150-250 mg/dl)
HDL (30-70 mg/dl)
LDL (66-178 mg/dl)
VLDL (5-40 mg/dl)
Triglycerides (M:60-165, F:40-140)

VII. URINE ANALYSIS

Volume: Colour:
Clarity : Reaction:
Albumin Sugar
B.S. B.P.
Ketone bodies

MICROSCOPIC DEPOSTIS

Puls Cells: / H.P.F
R.B. Cells: / H.P.F
Epithelial Cells : / H.P.F
Casts : / H.P.F
Crystals :
Others :

PREGNANCY TEST:

VIII. STOOL EXAMINATION

OVA :
Cyst :


LAB TECHNICIAN

Ph: 08514 - 245111, 295755, Cell: 9951559085, 9640515714

RAPHA HOSPITAL

Opp. ILTD Company, Bommalasatram Road, NANDYAL, Kurnool Dist., A.P.

No.

3244

RECEIPT

Date:

Received with thanks from P.S.C & K.V.S.C. govt

Deegre c/g - Nandyal

amount of Rs. 100 Members Hb'.

towards Six hundred and Fifty rupees

Rs.

650

Michael
Cashier

2021 - 22

After Medical Tests

Identify the Anemic Students

and given Awareness on

Nutrition and Improve the

H.B. Levels — By Dr Ashalatha
(Guinic)

[3-12-21 A.M.] Rapha Hospital

Gnnapuram.

IDENTIFY THE ANEMIA STUDENTS
ARE THE FOLLOWING.

S.No	Name of the Student	Age	H.B Level	Remarks
1.)	G. Nagalakshmi	18 years	7.08 mg%	NIL
2.	M. Indu Bai	19 years	7.8 mg%	NIL
3.	D. Sumanjali	18 years	7.4 gms%	NIL
4.	B. Manjula	19 years	6.0 gms%	NIL
5.	A. Nagamani	22 years	7.6 gms%	NIL
6.	M. Suchitra	18 years	7.2 gms%	NIL
7.	M. Jambalbi	19 years	7.4 gms%	NIL
8.	Sunitha	18 years	7.8 gms%	NIL
9.	B. pavithra	18 years	7.4 gms%	NIL
10.	M. Uma Maheswari	18 years	7.4 gms%	NIL
11.	M. Lakshmi prasanna	19 years	7.4 gms%	NIL

S.No	Name of the Student	Age	HB Levels	Remarks
12.	Vijaya Lakshmi Lect in Commerce	51 years	8.0 gms%	NIL
13.	J. Mounika	19 years	8.0 gms%	NIL
14.	S. Karishma	20 years	8.4 gms%	NIL
15.	I. Malliswari	20 years	8.0 gms%	NIL
16.	D. Kaveri	20 years	8.0 gms%	NIL
17.	Bhargavi	18 years	8.0 gms%	NIL
18.	Annamma	18 years	8.0 gms%	NIL
19.	M. poojitha	17 years	8.0 gms%	NIL
20.	G. yashoda Rani	19 years	8.4 gms%	NIL

9	Vijaya Lakshmi	54/F	8.0 gms	37) H. Jyoti	17F	7.4 gms
10	A. Manjula	20/F	8.8 gms	38) G. Vani	19F	9.0
11	Lalitha	38/F	9.2	39) J. Manjula	19F	8.0
12	T. Jyoti	18/F	8.8	40) S. Kishore	20F	8.4
13	L. Sujatha	18C	8.6	41) I. Malliswari	20	8.0
14	I. Vasanthi	19F	9.0 gms	42) T. Sathya	21F	10.0
15	K. Lakshmi	20F	9.6	43) M. Gopikrishna	18F	8.9
16	B. Manjula	19F	6.0	44) G. Sujatha	18F	9.2
17	A. Raghavani	22F	7.6 gms	45) S. Rajada Begum	18F	9.2
18	G. Jayalakshmi	19F	8.4	46) S. Maheshwari	18F	8.6
19	M. Rajeswari	19F	8.8	47) S. Lakshmi	18F	7.8
20	P. Sathya	19F	9.8	48) P. Sankar	19F	10.0
21	M. Divya Keesari	20F	8.6	49) D. Kaveri	20F	8.0
22	M. Suchithra	18F	7.8	50) L. Srinitha	18F	9.0
				51) Shobhana	18F	8.8

K. aracha	18 yrs	9.0
Chargani	18 yf.	<u>8.0</u>
Y. Sivarani	18	10.0
G. Kausya	18f.	9.0
Annamma	18f.	<u>8.0</u>
B. Pavithra	18f.	<u>7.4</u>
N. Pooyamma	17f.	<u>8.0</u>
M. Uma Maheswari	18f.	<u>7.4</u>
M. Lakshmi Prasanna	19f.	<u>7.9</u>
A. Nimala	19f.	9.0
B. Meekhi	20f.	10.0
B. Pranjha	19f.	9.1
S. Lakshmi	19f.	9.4

7/21
After Medical Tests, Identify the
Anemic Students, Awareness on Nutrition
And Improve the H.B Levels - By Dr. Ashakatha.



Students & Staff Listen & clarify the doubts.



MARCH - 2022

WOMENS DAY

CELEBRATIONS

PSC&KVSC Govt College, Nandyal

Circular

This is to inform to all first, second, third BA, B.Com, B.Sc Girl students that on the occasion of International Women's Day on March 8th, Women Empowerment Cell is going to conduct the following activities under the Guidance of Principal, WEC Chairperson. Interested students give your names to Smt G.Siromani, WEC Coordinator and Lect in Zoology on or before 5/3/2022.

TOPIC: WOMEN OF TOMORROW

Activities on 7 th March 2022 Organizers(All WEC Members)

- (1) Rangoli Competitions - (1) Smt G. Siromani (2) Smt S. Lalitha
- (2) Dance Competitions - (1) Smt Vijayalaxmi (2) Smt Sailaja Rani
- (3) Singing competitions - (1) Smt Vijayalaxmi (2) Smt Sailaja Rani
- (4) Musical Chair - (1) Smt Vijayalaxmi (2) Smt Sailaja Rani
- ✓ (5) Essay Writing (1) Smt S. Parvathi, (2) Smt Padmavathi (3) Smt S. Lalitha
- ✓ (6) Elocution competitions (1) Smt S. Parvathi, (2) Smt Padmavathi (3) Smt S. Lalitha
- (7) ~~Quiz (Online Quiz)~~ (1) P. Rama Devi - Computer (2) Revathi - Skill development
- (8) poster presentation (1) Shaik Rizwana (2) Smt Sailaja Rani
- .. (9) Games: Lemon & Spoon (1) Smt Padmavathi (2) Smt Sailaja Rani


PRINCIPAL

WEC COORDINATOR


5/3/22

I I.A. P. N. P. N. 4/12/21

II BA. Slp 5/2/22

III BA. Slp 5/5/22

IV B.Com - CBB (4) 5/5/2022.

I B.Com ~~for~~ 5/3/22.

I B.Com A

I BZC A

II B.A comp III SR

B.Com comp. III SR

II B.Com C.A 100%

II MPCs, MBes Reg

II BZC

III BZC - Grant

I MPCs - P. N. P.

II BZC (Cem) - NOD

AP Skill Development - (P. N. P.)

ELOCUTION COMPETITIONS

Women Empowerment Cell Women's Day Celebrations Elocution Competitions

SNO.	Name of the Student	Judge I	Judge II	Judge III	Judge IV	Total	
1.	N. Sorianma III B2C (EM)	24	19	21		64	
2.	P. Snavani II B2C (EM)	22	15	10		47	
3.	D. Sheefa Bee II B2C	19	14	08		41	
4.	Sunanda III Bann	24	23	26		73	II prize
5.	P. Sazida Begum I BA	23	20	20		63	
6.	V. Kalpana I B2C	18	12	07		37	
7.	Lakshmi Chitamp I B Com CA	15	10	06		31	
8.	V. Rajeswari I B Com CA	20	17	11		48	
9.	B. Vandana Mary IBA	21	22	22		65	III prize
10.	N. Abhaya I B Com CA	22	18	16		56	
11.	U. Sireelha IBA	23	20	17		60	
12.	Anurha IB Ann CA	21	15	20		56	
13.	Adilekshmi IB2C	22	24	15		61	
14.	V. Iswarya II MPes	25				25	

3. K. D. Nijama Lakshmi
07/3/22

Women Empowerment Cell
Women's Day celebrations
Elocution Competitions

07-03-2022

Judge-3

S/NO	Name of the student & Class	10 Content / TOPIC	Marks Expression 10	Other 10	Total 30
1.	N. Saravanna - III B2C (FHM)	08	05	08	21
2.	P. Sravanani - II B2C (FHM)	06	02	02	10
3.	D. Sheefa Bee - II B2C (FHM)	03	03	02	08
4.	Sumanda - III Bcom (CA)	08	08	08	26
5.	P. Sazida Begam - I B.A.	04	08	08	20
6.	V. Kalpana - I B2C	02	02	03	07
7.	Lakshmi Chaitanya - I Bcom (CA)	02	01	03	06
8.	Rajeswari - I Bcom (CA)	05	04	02	11
9.	Vandana Kaur - I B.A.	07	07	08	22
10.	N. Ahalya - I Bcom	02	06	08	16
11.	U. Srinisha - I B.A.	07	05	05	17
12.	Anurha - I Bcom (CA)	04	08	08	20
13.	P. Adilakshmi - I B2C	03	04	08	15
14.	Y. Iswarya - II MPES	10	08	08	26

K. Vijaya Lakshmi
07/03/22.
Lecturer in Commerce

ESSAY WRITING

COMPETITIONS

2021 - 22
Women Empowerment Cell
On the occasion of Women's day celebrations
Essay Writing Competitions conducting
(7-3-22) (Monday)



Elocution Competition Conducted (7-3-22)



MUSICAL CHAIRS COMPETITIONS

P.S.C & K.V.S.C GOVERNMENT COLLEGE NANDYAL
Women Empowerment Cell Activity

Activity Report Template

Activity Name: International women's day celebration

Objective: Musical chairs

Date & Time: 07-03-2022

Resource person: WEC co-ordinator, Principal, All women staff.

Name of the Lecturer(s) involved: All women's staff, Principal, WEC.

No. of Students participated: 30

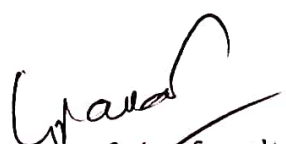
Brief description:

International women's Day is a global holiday celebrated annually on march 8. as a focal point in the women's rights movement, bringing attention to issues such as gender equality, reproductive rights and violence and abuse.

Photograph:



Paper Clips:


Signature of the faculty

Women Empowerment Cell Activity

Activity Report Template

Activity Name: International Women's day celebrations

Objective: LEARN AND SPOON

Date & Time: 08-03-2022 (07-03-2024)

Resource person: G. Shanani wcc co-ordinator

Name of the Lecturers involved: All women staff and Principal.

No. of Students participated: All girls students

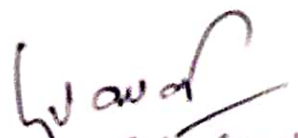
Brief description:

International women's day is an official holiday in a number of places and widely observed in many more. Depending on Celebrations range from the giving and receiving of gifts to political demonstrations and protests.

Photograph:



Paper Clips:


Signature of the faculty

RANGOLI COMPETITIONS

Principal Women Empowerment Committee
Selected to winners 7-3-2022 (5-30-6 pm)



CULTURAL
PROGRAMMES

2021 - 2022 (8-3-2022) (10-11-3000)
Cultural programmes Conducted
Singing Competitions



Dance Competitions Conducted. (II B2c)
Students participated.



A FEW WORDS ABOUT
WOMENS DAY CELEBRATIONS
AND
GIVEN PRIZES TO WINNERS

2021 - 2022

Womens day Celebration (2-2-2022, Tuesday)
at 11-30 am in virtual class room. principal of the
College. Dr. N. Shalikalagoru a few words about womens day



At womens day celebrations prizes given
and sponsored principal & wec cell staff to winners.





March - 8 - 2022

Essay

Writing
on

Women

Empowerment



7. women is a future generation, Never push them back
8. women are fate, don't put them in the stake.
9. Save girls, save the next future.
10. Nourish them women empowerment.
11. Women are respectable life in the society
12. Study of girls, save the girls
13. women can made to be loved not to raped
14. Make a role model of women.
15. Every girl as a mother of the world

We are your sweet sister

We are cute daughters

We are incredible

We are the girls

Save girl, and Save the Society

The End

Thank you

Happy women's day to
the women's

V
Name: - I. Vijayachaitany

Roll no: - 5

Group: - Ist (B.Z.C)

United Nation

Gender equality today for a Sustainable tomorrow

This year international women's Day on 8th march in 1914. The United nation will recognize the contribution of women and girls. who are leading to the build for a sustainable future for all.

The international women's Day present us with conduct the political, social, environmental and cultural development. The climate crisis the gender inequality adaption in the "UN Sustainable Development Goals". The theme of this year is "Gender equality today for a sustainable development". In Figure the 80% of people are adapted and women's and girls are 70% in this humanity of that. So, the "men and women are equality" "Endowed in the same dignity"